



SUMMER CAMP TIMING 08:30 am – 11:00 am(2019-20)

GROUP-B

“DIET DOTE”

**By Dr. Shweta Chhabra
(Nutritionist)**

| DATE & DAY | ACTIVITY | OBJECTIVE | MENU | MATERIAL REQUIRED |
|-------------------|---|--|--|-----------------------------|
| DAY 1 25.03.19 | ZUMBA + FOOD PYRAMID (INDIVIDUAL ACTIVITY) | FINE MOTOR, SENSORY DEVELOPMENT & GENERAL AWARENESS | ALOO POHA + GLUCON D | - |
| DAY 2 26.03.19 | ZUMBA + LITTLE CHEF AND THEIR HATS (FIRELESS COOKING) | FINE MOTOR, SENSORY & CREATIVE DEVELOPMENT, GENERAL AWARENESS. | VEG BREAD ROLL (SELF) + ICE – CREAM (VANILA) | APRONS |
| DAY 3 27.03.19 | ZUMBA + FOOD PITARA (STORY TELLING + FUN WITH CLAY) | VOCABULARY & LINGUISTIC DEVELOPMENT, FINE MOTOR & CREATIVE DEVELOPMENT, GENERAL AWARENESS. | VEG PORRIDGE + TANG | - |
| DAY 4 28.03.19 | ZUMBA + FOOD SIGNALS (ACTIVITY) | COGNITIVE DEVELOPMENT, PHYSICAL DEVELOPMENT, GENERAL AWARENESS. | PASTA + GLUCON D | - |
| DAY 5 29.03.19 | ZUMBA + FIELD TRIP – GREEN HOUSE (AGRICULTURE COLLEGE) | COGNITIVE DEVELOPMENT & GENERAL AWARENESS. | VEG PULAV + BUTTER MILK | CAPS & WATER BOTTLE LABELED |
| DAY 6 30.03.19 | SEMINAR FOR PARENTS BY DR. SHWETA CHHABRA (10:30 – 11:30) | | - | - |

“FEVI - FROLIC”

Activity Partner :- Pidilite Industries (Fevicol)

| DATE | ACTIVITY | OBJECTIVE | MENU | MATERIAL REQUIRED |
|--------------------|---------------------|-----------------------------------|-------------------------------------|-------------------|
| DAY 7 01.04.19 | PENCIL ENDS | FINE MOTOR & CREATIVE DEVELOPMENT | VEG UPMA + FRESH FRUIT JUICE | - |
| DAY 8 02.04.19 | CANDY STICK COASTER | FINE MOTOR & CREATIVE DEVELOPMENT | CHOWMEIN + TANG | - |
| DAY 9 03.04.19 | NAME PLATES | FINE MOTOR & CREATIVE DEVELOPMENT | LEMON RICE + GLUCON D | - |
| DAY 10 04.04.19 | KEY CHAIN HOLDERS | FINE MOTOR & CREATIVE DEVELOPMENT | KHICHDI + TOMATO CHUTNEY + LEMONADE | - |
| DAY 11 05.04.19 | PEBBLE PAINTING | FINE MOTOR & CREATIVE DEVELOPMENT | BREAD POHA + WATER MELON JUICE | - |

“MUSIC MERIMENT”

| DATE & DAY | ACTIVITY | OBJECTIVE | MENU | MATERIAL REQUIRED |
|--------------------|---|--|--|-------------------|
| DAY 12 08.04.19 | RHYMES (MUSICAL CANOPY) MAKE YOUR OWN INSTRUMENT – BOTTLE SHAKER | COGNITIVE, RHYTHMIC, LINGUISTIC, CREATIVE & FINE MOTOR DEVELOPMENT | VEG POHA +LIME SODA | - |
| DAY 13 09.04.19 | RHYMES (MUSICAL CANOPY) MAKE YOUR OWN INSTRUMENT – RATTLER | COGNITIVE, RHYTHMIC, LINGUISTIC, CREATIVE & FINE MOTOR DEVELOPMENT | PORRIDGE + WATER MELON | - |
| DAY 14 10.04.19 | RHYMES (MUSICAL CANOPY) MAKE YOUR OWN INSTRUMENT – TAMBOURINE | COGNITIVE, RHYTHMIC, LINGUISTIC, CREATIVE & FINE MOTOR DEVELOPMENT | JEERA RICE + DAL FRY + SALAD | - |
| DAY 15 11.04.19 | RHYMES (MUSICAL CANOPY) JAL-TARANG (SA- RE- GA-MA) CREATING MUSIC | COGNITIVE, RHYTHMIC, LINGUISTIC, CREATIVE & FINE MOTOR DEVELOPMENT | SUJI DHOKLA + GREEN CHUTNEY + LEMONADE | - |
| DAY 16 12.04.19 | RHYMES (MUSICAL CANOPY) MAKE YOUR OWN INSTRUMENT – MOUTH ORGAN | COGNITIVE, RHYTHMIC, LINGUISTIC, CREATIVE & FINE MOTOR DEVELOPMENT | CHEESE SANDWICH + CUSTARD | - |

*RHYMES & SONGS ARE AVAILABLE ON OUR SCHOOL WEBSITE

SPLISH ‘N’ SPLASH

| DATE & DAY | ACTIVITY | OBJECTIVE | MENU | MATERIAL REQUIRED |
|--------------------|------------------------------|--|---|---|
| DAY 17 15.04.19 | MOVIE TIME | PHYSICAL DEVELOPMENT & SOCIO EMOTIONAL DEVELOPMENT | SMILEYS + POPCORNS + HOT CHOCOLATE | - |
| DAY 18 16.04.19 | BIRTHDAY BASH | - | CAKE & CHIPS | - |
| DAY 19 17.04.19 | MAHAVIR JAYANTI (HOLIDAY) | - | - | - |
| DAY 20 18.04.19 | POOL PARTY | PHYSICAL DEVELOPMENT & SOCIO EMOTIONAL DEVELOPMENT | MEXICAN SANDWICH + POPCORNS + HOT CHOCOLATE | COSTUME, 1 SPARE DRESS & TOWEL (LABELLED) |

NOTE :-

- Our camp is divided into two groups :-
Group A (Nursery i.e. promoted Playway)
Group B (Prep I & Prep II i.e. promoted Nursery & Prep I)
- Birthday Celebration is on 16.04.19 timing 09:30 am – 11:00 am
- Saturdays & Sundays will be Holiday for kids.