



SUMMER CAMP TIMING 08:30 am – 11:00 am(2019-20)

GROUP-A

“DIET DOTE”

**By Dr. Shweta Chhabra
(Nutritionist)**

DATE & DAY	ACTIVITY	OBJECTIVE	MENU	MATERIAL REQUIRED
DAY 1 25.03.19	ZUMBA + FOOD PYRAMID (GROUP ACTIVITY)	FINE MOTOR, SENSORY DEVELOPMENT & GENERAL AWARENESS	ALOO POHA + GLUCON D	-
DAY 2 26.03.19	ZUMBA + LITTLE CHEF AND THEIR HATS (FIRELESS COOKING)	FINE MOTOR, SENSORY & CREATIVE DEVELOPMENT, GENERAL AWARENESS	JAM SANDWICH + FRUIT ICE – CREAM (SELF MADE)	APRON
DAY 3 27.03.19	ZUMBA + FOOD PITARA (STORY TELLING + FUN WITH CLAY)	VOCABULARY & LINGUISTIC DEVELOPMENT, FINE MOTOR & CREATIVE DEVELOPMENT, GENERAL AWARENESS	VEG PORRIDGE + TANG	-
DAY 4 28.03.19	ZUMBA + FOOD SIGNALS (ACTIVITY)	COGNITIVE DEVELOPMENT, PHYSICAL DEVELOPMENT, GENERAL AWARENESS.	PASTA + GLUCON D	-
DAY 5 29.03.19	ZUMBA + SHOP- O -FUN	PHYSICAL, COGNITIVE & LINGUISTIC, SENSORY DEVELOPMENT & GENERAL AWARENESS	VEG PULAV + BUTTER MILK	
DAY 6 30.03.19	SEMINAR FOR PARENTS BY DR. SHWETA CHHABRA (09:00 – 10:00)			-

“FEVI - FROLIC”

Activity Partner :- Pidilite Industries (Fevicol)

DATE	ACTIVITY	OBJECTIVE	MENU	MATERIAL REQUIRED
DAY 7 01.04.19	PENCIL ENDS	FINE MOTOR & CREATIVE DEVELOPMENT	VEG. UPMA + FRESH FRUIT JUICE	-
DAY 8 02.04.19	CANDY STICK COASTER	FINE MOTOR & CREATIVE DEVELOPMENT	CHOWMEIN + TANG	-
DAY 9 03.04.19	NAME PLATES	FINE MOTOR & CREATIVE DEVELOPMENT	LEMON RICE + GLUCON D	-
DAY 10 04.04.19	KEY CHAIN HOLDERS	FINE MOTOR & CREATIVE DEVELOPMENT	KHICHDI + TOMATO CHUTNEY + LEMONADE	-
DAY 11 05.04.19	PEBBLE PAINTING	FINE MOTOR & CREATIVE DEVELOPMENT	BREAD POHA + WATERMELON JUICE	-

“MUSIC MERIMENT”

DATE & DAY	ACTIVITY	OBJECTIVE	MENU	MATERIAL REQUIRED
DAY 12 08.04.19	RHYMES (MUSICAL CANOPY) MAKE YOUR OWN INSTRUMENT – BOTTLE SHAKER	COGNITIVE, RHYTHMIC, LINGUISTIC, CREATIVE & FINE MOTOR DEVELOPMENT	VEG POHA +LIME SODA	-
DAY 13 09.04.19	RHYMES (MUSICAL CANOPY) MAKE YOUR OWN INSTRUMENT – QUACKER	COGNITIVE, RHYTHMIC, LINGUISTIC, CREATIVE & FINE MOTOR DEVELOPMENT	PORRIDGE + WATER MELON	-
DAY 14 10.04.19	RHYMES (MUSICAL CANOPY) MAKE YOUR OWN INSTRUMENT – TAMBOURINE	COGNITIVE, RHYTHMIC, LINGUISTIC, CREATIVE & FINE MOTOR DEVELOPMENT	JEERA RICE + DAL FRY + SALAD	-
DAY 15 11.04.19	RHYMES (MUSICAL CANOPY) JAL-TARANG (SA- RE- GA-MA) CREATING MUSIC	COGNITIVE, RHYTHMIC, LINGUISTIC, CREATIVE & FINE MOTOR DEVELOPMENT	SUJI DHOKLA + GREEN CHUTNEY + LEMONADE	-
DAY 16 12.04.19	RHYMES (MUSICAL CANOPY) MAKE YOUR OWN INSTRUMENT – MOUTH ORGAN	COGNITIVE, RHYTHMIC, LINGUISTIC, CREATIVE & FINE MOTOR DEVELOPMENT	CHEESE SANDWICH + CUSTARD	-

*RHYMES & SONGS ARE AVAILABLE ON OUR SCHOOL WEBSITE

SPLISH ‘N’ SPLASH

DATE & DAY	ACTIVITY	OBJECTIVE	MENU	MATERIAL REQUIRED
DAY 17 15.04.19	POOL PARTY	PHYSICAL DEVELOPMENT & SOCIO EMOTIONAL DEVELOPMENT	SMILEYS + POPCORNS + HOT CHOCOLATE	COSTUME, 1 SPARE DRESS & TOWEL (LABELLED)
DAY 18 16.04.19	BIRTHDAY BASH	-	CAKE & CHIPS	-
DAY 19 17.04.19	MAHAVIR JAYANTI (HOLIDAY)	-	-	-
DAY 20 18.04.19	MOVIE	PHYSICAL DEVELOPMENT ,SOCIO EMOTIONAL & LINGUISTIC DEVELOPMENT	MEXICAN SANDWICH + POPCORNS + HOT CHOCOLATE	-

NOTE :-

- Our camp is divided into two groups :-
Group A (Nursery i.e. promoted Playway)
Group B (Prep I & Prep II i.e. promoted Nursery & Prep I)
- Birthday Celebration is on 16.04.19 timing 09:30 am – 11:00 am
- Saturdays & Sundays will be Holiday for kids.